



# 2014-15 Degree Plan

## Exercise Science, BS

College of Education: Department of Health, Exercise, and Sports Sciences (4 Year

Plan)				
Term 1	Hours Towards Degree: 17	Hours	Minimum Grade	Notes
	ENGL 110: Accelerated Composition or ENGL 111: Composition I and ENGL 112: Composition II or ENGL 113: Enhanced Composition	3	C	
	CHEM 111: Elements of General Chemistry	4	C	
	PSY 105: General Psychology	3	C	
	BIOL 123: Biology for Health Related Sciences and Non-Majors	3	C	
	BIOL 124L: Biology for Health Related Sciences and Non-Majors Laboratory	1	C	
	MATH 121: College Algebra	3	C	
<b>Term Hours:</b>		<b>17</b>		
Term 2	Hours Towards Degree: 34	Hours	Minimum Grade	Notes
	NUTR 244: Human Nutrition	3	C	
	CHEM 212: Integrated Organic Chemistry and Biochemistry	4	C	
	PEP 273: Introduction to Athletic Training	3	B-	
	ENGL 120: Composition III	3	C	
	PEP 288: Motor Learning and Performance	3	B-	
	PENP 114: Weight Training and Physical Conditioning	1	B-	
<b>Term Hours:</b>		<b>17</b>		
Term 3	Hours Towards Degree: 52	Hours	Minimum Grade	Notes
	 BIOL 237: Human Anatomy and Physiology I for the Health Sciences	3	C	
	 BIOL 247L: Human Anatomy and Physiology Laboratory I	1	C	
	CJ 130: Public Speaking	3	C	
	STAT 145: Introduction to Statistics	3	C	
	HED 164L: Standard First Aid	3	C	
	PEP 277: Kinesiology	3	B-	
	PENP 165: Yoga	2	B-	
<b>Term Hours:</b>		<b>18</b>		


<b>Term 4</b>	Hours Towards Degree: 69	Hours	Minimum Grade	Notes
	BIOL 238/248L	4	C	
	ENGL 219: Technical and Professional Writing	3	C	
	Social and Behavioral Science	3	C	
	PEP 305: Teaching Group Exercise	3	B-	
	PEP 289: Tests and Measurements in Physical Education	3	B-	
	PENP 161 OR PENP 162	1	B-	
	<b>Term Hours:</b>	<b>17</b>		

<b>Term 5</b>	Hours Towards Degree: 84	Hours	Minimum Grade	Notes
	PEP 469: Management Concepts in Sport and Fitness Settings	3	B-	
	PEP 475: EKG Interpretation	3	B-	
	PEP 326L: Fundamentals of Exercise Physiology	3	B-	
	PHYC 102 or PHYC 151	3	C	
	Humanities	3	C	
	<b>Term Hours:</b>	<b>15</b>		

<b>Term 6</b>	Hours Towards Degree: 100	Hours	Minimum Grade	Notes
	PEP 495: Practicum	3	B-	
	PEP 470: Designs for Fitness	3	B-	
	PEP 476: Exercise Testing and Interpretation	3	B-	
	Upper Division Elective	3	C	
	Second Language	3	C	
	PENP 102: Intermediate Swimming	1	B-	
	<b>Term Hours:</b>	<b>16</b>		

<b>Term 7</b>	Hours Towards Degree: 116	Hours	Minimum Grade	Notes
	NUTR 344: Energy Nutrients in Human Nutrition	3	C	
	PEP 391: Problems	1	B-	
	PEP 426: Intermediate Exercise Physiology	3	B-	
	Upper Division Elective	3	C	
	Fine Arts	3	C	
	PEP 478: Sports Physiology	3	B-	
	<b>Term Hours:</b>	<b>16</b>		

<b>Term 8</b>	Hours Towards Degree: 128	Hours	Minimum Grade	Notes
	NUTR 345: Vitamins and Minerals in Human Nutrition	3	C	
	PEP 471: Exercise and Disease Prevention	3	B-	
	PEP 495: Practicum	3	B-	
	Humanities	3	C	
	<b>Term Hours:</b>	<b>12</b>		

**Crucial course:**  (A crucial course is a predictor for success in obtaining this degree. It should be taken in the term indicated in order to ensure timely progress to graduation.)

#### Degree Plan Notes

- Keep in mind that minimum grades on road map are for individual coursework only. Students must maintain a minimum of a 2.0 cumulative GPA for admission and graduation from the College of Education.
- A grade of B- or better is required for all PE-P and PE-NP courses; a grade of C or better (not C-) is required for each General Education course towards the 128-hour degree.